



# Praise the Lord, O My Soul!

Psalm 103:1-14

- 1 Praise the Lord, O my soul;  
all my inmost being, praise his holy name.
- 2 Praise the Lord, O my soul,  
and forget not all his benefits--
- 3 who forgives all your sins  
and heals all your diseases,
- 4 who redeems your life from the pit  
and crowns you with love and compassion,
- 5 who satisfies your desires with good things  
so that your youth is renewed as the eagle's.
  
- 6 The Lord works righteousness  
and justice for all the oppressed.
- 7 He made known his ways to Moses,  
his deeds to the people of Israel.
- 8 The Lord is compassionate and gracious,  
slow to anger, abounding in love.
- 9 He will not always accuse,  
nor will he harbor his anger forever.
- 10 He does not treat us as our sins deserve  
or repay us according to our iniquities.
- 11 For as high as the heavens are above the earth,  
so great is his love for those who fear him;
- 12 as far as the east is from the west,  
so far has he removed our transgressions from us.
- 13 As a father has compassion on his children,  
so the Lord has compassion on those who fear him.
- 14 for he knows how we are formed, he remembers  
that we are dust.