



## Proverbs 23:29-35

### Warning Against Addiction

- 29 Who has woe?  
Who has sorrow?  
Who has contentions?  
Who has complaints?  
Who has wounds without cause?  
Who has redness of the eyes?
- 30 Those who linger long at the wine,  
Those who go in search of mixed wine.
- 31 Do not look on the wine when it is red,  
When it sparkles in the cup,  
When it swirls around smoothly;
- 32 At the last it bites like a serpent,  
And stings like a viper.
- 33 Your eyes will see strange things,  
And your heart will utter perverse things.
- 34 Yes, you will be like one who lies down in  
the midst of the sea,  
Or like one who lies at the top of the  
mast, saying:
- 35 “They struck me, but I was not hurt;  
They have beaten me, but I did not feel it.  
When shall I awake, that I may seek  
another drink?”