

***“Anyone can win, unless there is a second entry.”***

- George Ade

# Week 1

Day: \_\_\_\_ thru \_\_\_\_  
 Mo: \_\_\_\_\_ Yr: \_\_\_\_\_

*The Path I Ran & Comments on  
 How it Went, Who Joined Me...*

DAY	TIME	PACE	SHOE	\$	DISTANCE	
Sun						
M						
T						
W						
Th						
Fri						
Sat						

**SHOE MILEAGE**  
 Sh#1 – This Week: \_\_\_\_\_  
 Sh#1 – Last Week: \_\_\_\_\_  
 Sh#1 – YTD: \_\_\_\_\_

**SHOE MILEAGE**  
 Sh#2 – This Week: \_\_\_\_\_  
 Sh#2 – Last Week: \_\_\_\_\_  
 Sh#2 – YTD: \_\_\_\_\_

**TOTAL MILES**  
 This Week: \_\_\_\_\_  
 Last Week: \_\_\_\_\_  
 Year-to-Date: \_\_\_\_\_